



# VIMAL MUNI COLLEGE OF EDUCATION

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# MANTHAN

(मंथन)

## NEWSLETTER

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विश्व उन आत्मसाक्षात्कारी महापुरुषों का खूब —  
खूब ऋणी है, जो वेदान्त के उज्ज्वल ज्ञान—प्रकाश से  
विश्वमानव को जगाने, समय—समय पर इस धरा पर  
अवतार लेकर आते हैं।

पूज्यपाद संत श्री आशाराम जी बापू

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### EDITORIAL

#### Low-cost Improvised Teaching Aids

India is a land of villages wherein about 75% of Primary School are located. These rural schools generally suffer badly for want of adequate funds to procure the equipment and teaching aids available in the market. Low- cost teaching aids are made out of the material available in the natural environment in the neighbourhood of the schools using the local artisans and technology rather than machines. It is important for the teachers to know how to prepare, use and evaluate the low-cost improvised teaching aids so that their classroom transaction becomes meaningful and effective.

Low- cost teaching aids are prepared with simple materials costing very little by involving the children and the artisans. There are some inexpensive and waste materials available locally such as empty matchstick boxes, fused electric bulbs, cans, seeds, shells etc. Improvised aids include charts, models and other inexpensive aids which can be prepared easily with little, or no money to make learning effective, comprehensive and interesting.

The teacher is the key person in the entire process of preparing improvised teaching aids .He may involve the artisans and the children while preparing aids. He has to take the initiative in procuring the material, give an idea about the aid required and plan its preparation to conduct the experiment in a scientific way.

The objective of preparing and using a teaching aid is to improve the teaching - learning

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## QUALITY EDUCATION

The overall scenario of higher education in India does not match with the global Quality standards. Hence, there is enough justification for an increased assessment of the Quality of the country's educational institutions. Traditionally, these institutions assumed that Quality could be determined by their internal resources, viz., faculty with an impressive set of degrees and experience, number of books and journals in the library etc., or by its definable and assessable outputs. But this view of determining Quality in higher education, popularly termed as the “value-addition” approach, does not measure the competencies students develop through the courses offered. The competencies are recall, understanding, and problem solving.

Institutes of higher education, through their curriculum, are expected to provide knowledge, know-how, wisdom, and character to the students. If the teaching and learning process conforms to their ideas about what is Quality education, students enjoy learning. Teachers need to discuss such questions with the students as: Why are you here? What are you trying to do? What does it mean to you? How the teacher can help you in doing it well? A teacher has to build up a consensus in a class regarding what constitutes a Quality experience. Once a mutually agreed purpose is established, education is improved, productivity of teachers is enhanced, and teachers and students find greater joy in their work and are able to make positive contributions to the society. It is, therefore necessary that the institutes of higher education accept the mantra of 'Quality' and provide for a standardized assessment of what exactly the students are able to do (that they were not able to do before) as a result of their education.

Students' learning can be improved if the teacher's attention is essentially focused on the teaching/learning process and not so much on their examination results. Measures taken by the academic institutions to standardize their syllabi

and align their curriculum could constitute Quality. Unfortunately, the course curriculum is so strongly oriented towards testing and examination that the teacher's preparation is undermined and rendered ineffective. Examination results should only help the teacher and the student to jointly decide how to improve the educational processes in the classrooms. We need to turn our attention to a more fundamental issue: What are we trying to do? What are we looking for? What do we expect from our institutes of education? Most of the Quality Standards for accreditation state that assessment principles are complementary to the institute's mission. Clearly defined mission, goals, and objectives guide faculty, administration, staff, and governing bodies in making decisions related to planning, resource allocation, programmes and curriculum development, and definition of programme outcomes. These goals and objectives should focus on student learning, other outcomes, and institutional improvement.

In general, both the faculty and the administration believe that Quality measures should be implemented in their institution, but the movement suffers because of their considerably different perceptions. The administrators may feel that they are already doing those kinds of things in their curriculum and outcomes assessment merely establishes criteria for success and making any additional changes are not essential. But the faculty's perspective is quite different, as some of them feel that there has to be a continuous campaign of reinforcement from the top administrators, that they are totally committed to Quality implementation and assessment programmes. Teachers and administrators require special competencies, both knowledge and know-how, for implementing Quality management practices. Persistent culture of resistance can be handled by convincing people to change their long held values, beliefs, and attitudes and adopt new ones, which produce long-lasting positive effects.

– Jyoti Sharma  
Lect.

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process. To fulfil the need, it is essential to understand the basic concepts of teaching and the methodology of teaching. Many concepts can be explained through simple experiments with objects available in the environment or brought from own houses. The concept of “**Pressure of Air**” can be demonstrated with experiment that just requires a glass, water and piece of cardboard/sheet. Making a chart would be meaningful only when some other aspects of pressure are to be explained which cannot be demonstrated in such a simple way.

To do all this requires special efforts by the teacher. To collect different materials and to get models prepared by local craftsmen require certain capabilities on the part of the teacher. He may be familiar with the different teaching aids, but it is one thing to be familiar with them and quite another to

know the use to which these can be put or to have the skill to prepare a teaching aid. Teaching aids would be effective and meaningful only when producer of such aids is aware of the following:-

- a) The value of good teaching.
- b) Knowledge of the subject matter.
- c) The learning potential of the learners.
- d) The basic principles of the content and the process of learning.
- e) The relationship of the content with the environment.
- f) Local resources, including human resources.
- g) Interest in the subject and the learners.

## Crusade for a Change

“The future adult of India should measure his worth by the amount of effort he has put forth in making his life and that of his neighbour prosperous and happy. He will not waste time in phantasies regarding the beauties of heaven but will usefully spend his hours in creating happiness on earth. From his soul will rise the music of joy instead of the sound of a muffled drum ; and from his eyes will beam forth the spirit of a Happy Warrior, out to fight evil and misery in the world. If God were to come to him and say, ‘I will lead you to heaven’, he will reply : ‘No thanks. If you like to lead me anywhere, lead me into the thickest of the struggle that this life presents and let me show that I am of you. If you like to give me any gift, O Master, give the strength to

turn this earth into heaven, so that my brethren may not bore you with supplications to take them into heaven. Of what use the company of gods above if I spit on my brethren below. Of what use is the ending of this cycle of birth and death when my brother bleeds and cries out for help.’ Life is an opportunity and an adventure. If you have made your own life and neighbour’s happy and comfortable, you have lived it. If you have spent yourself in guarding yourself and your neighbour against evil, you have lived it. If you have fought and even failed, you have lived it”.

*Come my friends, tis not too late to seek a newer world.*

– R.R. Kumria

*" Make it a rule of Life never to regret and never to look back.  
Regret is an appalling waste of energy; you can't build on it, it's only for wallowing in".*

– Katherine Mansfield

## CAMPUS NEWS

### Conference Room Inaugurated

His Holiness Sant Asha Ram Bapuji was gracious enough to put his lotus feet in the premises of Vimal Muni College of Education, Ramgarh on 2nd Nov., 2012 to inaugurate the recently designated and appropriately furnished Conference Room in the College Campus. A Satsang was held by Him in the College for spiritual awakening and enlightenment beside cultivation of moral values.

The fifth issue of the College Magazine, "Mounting Flame" and first issue of 2nd Volume of College Newsletter titled 'Manthan' were also released by Sadguru Bapuji after inauguration of the conference room.

The visit of His Holiness Bapuji was in fact a good omen being a prelude to the commencement of the current academic session i.e. 2012-13 w.e.f. 5th Nov., 2012 as communicated by the Director Colleges Development, University of Jammu.



### Observance of National Voters' Day

As directed by the District Development Commissioner, Samba, National Voters' Day was observed on 24th Jan, 2013 and a rally was taken out from the College. The rally was flagged off by Chairperson Mrs. Anu Gupta, Principal Dr. S.D. Gupta and Academic Advisor Prof. K.B. Sethi, former Principal, Govt. College of Education, Jammu. It passed through the bazars of Ramgarh Town and culminated in the College itself.



The main objective of taking out the rally was to get the general public apprised of the value of vote in a democratic set up. In order to strengthen the democracy, it is obligatory for all the adult citizens to cast their vote, a right granted by the Constitution, to elect right type of representatives who enjoy reputation and are committed to work honestly for the betterment of the masses leaving aside their selfish pursuits.

### Mata Pita Pujan Diwas Celebrated

On 14th Feb., 2013 Vimal Muni College of Education, Ramgarh celebrated Mata Pita Pujan Diwas in order to discourage the youth to copy the West and observe this day as Valentine Day since it does not have any place in our Indian Culture and is in contradiction with moral and social values as are being traditionally upheld by Indians since Vaedic Period.

The Vedas laid down that every individual should discharge three pious obligations. These obligations as declared in the Vedas were (i) Towards God (*Devaruna*), (ii) Towards Parents (*Pitruruna*) and (iii) Towards Rishis / Teachers / Educationists (*Rishiruna*). Every individual was required to discharge 'Pitruruna' by begetting sons and daughters, educating and leaving them as asset to the society on the analogy he was educated and left as asset to the society by his parents.



Sh. Sanjeev Gupta, Patron of the College was the Chief Guest whereas Mrs. Anu Gupta, Chairperson presided over the function. A good number of cultural items viz. skits, poems etc. dedicated to parents were presented by the students. The Chairperson put special emphasis on imbibing cultural and moral values by youngsters. In the end Principal Dr. S.D. Gupta thanked the guests and highly appreciated the students and the faculty members for organising such type of programmes in the College.



### **Festival of Folk Dances Organized**

Department of Students Welfare, University of Jammu, organized an inter-college Folk Dance Competition in Gen. Zorawar Singh Auditorium on 26th Feb. 2013, wherein Vimal Muni College too participated. Two students namely Arti Sharma & Rukmani Verma presented their item and were awarded a memento for participating in the programme. Mrs. Urmil Sharma & Mrs. Sunita Kumari, Lecturers of the College accompanied the students to the University.

### **International Women's Day**

On 8th March 2013, Vimal Muni College of Education, Ramgarh celebrated International Women's Day in the College. The topic under discussion was "Safety of Women in the Present Pattern of Society". Chairperson Mrs. Anu Gupta was the Chief Guest on the occasion and the programme was presided over by Principal Dr. S.D. Gupta, Students, Staff and NSS Volunteers of the College participated in the programme and expressed their viewpoints. The programme was concluded by the NSS Programme Officer Mrs. Urmal Kumari.



## **CO-CURRICULAR ACTIVITIES**

### **Debating Competition**

A debating competition sponsored by the Office of Dy. Director, Civil Defence, Samba was held on 20th Nov., 2012 in the premises of Govt. Degree College, Samba. The topic under discussion was "Civil Defence and Mitigation of Disaster in our respective CD towns." In the said competition, three students of

Vimal Muni College of Education, namely (i) Monika Malhotra, (ii) Priya Malhotra and (iii) Ritu Bala participated.

### **N.S.S. Camp**

A 3-day camp was organized by the NSS unit of this College from 19th to 22nd Dec., 2012. It was inaugurated by Principal Dr. S.D. Gupta. During the camp NSS volunteers laid emphasis upon the general cleanliness of the environment. It is said that cleanliness is next to godliness. This is an old proverb. It means



that cleanliness comes next to godliness in importance. Next to worshipping God and living a lifestyle that reflects Gods' teaching, the best trait to have is cleanliness. George Bernard Shaw has well said. "Better keep yourself clean and bright ; you are the window through which you must see the world."

Plantation drive was also taken up and many saplings were planted in the College premises during the camp under the supervision of NSS Programme Officer Smt. Urmil Kumari.

### **Lohri Celebration**

Lohri Festival was celebrated in the College Campus by the staff and the students with much fervour and gaiety. Since it was a long-awaited bonfire festival, every body was full of enthusiasm. A bundle of firewood was conically heaped at a place decorated with Rangoli. Chairperson Mrs. Anu Gupta, Principal Dr. S.D. Gupta, faculty members and the students lit the holy fire and prayed to Almighty for peace & harmony. The festival concluded with presentation of cultural items, folk songs etc. by the students.



### **Symposium on "Need of Spiritual Education"**

As part of National Youth Week celebrations which commenced from 12th Jan., 2013, the 150th Birth Anniversary of Swami Vivekananda; a symposium was held in the College on 19th Jan., 2013. The topic of the symposium was : Need of Spiritual Education in the present Educational System. The National Youth Festival aims to propagate the concept of national integration, spirit of communal harmont & brotherhood amongst the youth by exhibiting their cultural prowess. Prof. K.B. Sethi, Former Principal Govt. College of Education, Jammu was the Chief Guest on the occasion. He was welcomed by Principal,



Dr. S.D. Gupta. Nine students of the College participated and presented their viewpoint regarding the need of spiritual education in the present scenario. Three speakers viz Anjali Sharma, Ritu Bala and Monika were adjudged for the First, Second & Third prizes respectively. Consolation prizes were awarded to Sanjeev Kumar, Parveen Kumar & Indu Sharma.

The programme came to an end with vote of thanks by Mrs. Rajni Kumari, Lecturer.

## ACADEMIC ACTIVITIES

### Elections to In-house Committees

After the commencement of the current academic session on 5th Nov., 2012 ; elections of student representatives to man various College Committees as detailed below were held under the overall supervision of Principal, Dr. S.D. Gupta. The committees are constituted every year to assist the College Administration in the effective internal governance on one hand and assuring quality improvement in the working of the institution on democratic lines on the other.

Sr. No.	Name of the Committee	Elected Student Members (with R. Nos.)	
1.	Academic Activities Committee	Sapna Bharti Navjot Kour,	Roll No. 05 Roll No. 25
2.	Co-curricular Activities Committee	Priya Malhotra, Arti Sharma,	Roll No. 03 Roll No. 43
3.	Library Committee	Sapna Bharti, Rukmani,	Roll No. 05 Roll No. 07
4.	Games & Sports Committee	Mukesh Kumar, Sanjeev Kumar,	Roll No. 08 Roll No. 26
5.	Students' Welfare Committee	Sheetal Bharti, Rinki,	Roll No. 06 Roll No. 23
6.	Hostel Committee	Navjot Kour, Amrit Pal Kour,	Roll No. 25 Roll No. 56
7.	Discipline Committee	Meetu Verma, Anjali Sharma,	Roll No. 21 Roll No. 27

### Constitution of Tutorial Groups

All the students admitted to the B.Ed. course Session 2012-13, in Vimal Muni College of Education, were divided into various Tutorial Groups. Each group comprising 10-12 students was placed under the charge of a faculty member. The main objective of formation of such groups is to develop an intimate relationship between the teacher and the taught. The tutorial groups meet on every Saturday under the supervision and guidance of the Tutor-in-charge and discuss various issues related to teaching-learning process, preparation of lesson plans and related teaching aids, etc.

### Practice of Micro Teaching Skills

In order to enable the student teachers to acquire micro teaching skills as specified by the University of Jammu, a programme of practice teaching in simulated conditions was organized from 1st to 10th Feb., 2013, which was preceded by delivery of Demonstration Lessons in micro teaching by faculty members. Each trainee was required to deliver 5 lessons in each skill, a statutory provision laid down by the University.

Mrs. Rajni Bambroo, Mrs. Meena Kumari and Mrs. Asha Verma, faculty members of the College delivered demonstration lessons in micro teaching skills of Reinforcement, Stimulus Variation and Explaining respectively which were witnessed by all the students who evinced keen interest in the same.

## MEMORABLE MOMENTS

